



Diet and niche overlap of the pompano (*Trachinotus carolinus*) and palometa (*Trachinotus goodei*) (Perciformes, Carangidae) in a surf zone beach in southeastern Brazil

TEODORO VASKE JUNIOR^{1*}, MARCELA COFFACCI LIMA VILIOD¹ & JÉSSICA DOS SANTOS MUNIZ KNOELLER²,

¹Universidade Estadual Paulista Júlio de Mesquita Filho (UNESP), Instituto de Biociências, Campus do Litoral Paulista, Praça Infante Dom Henrique, s / n, Bitaru Park, São Vicente - SP. CEP: 11330-900

²Instituto de Pesca Av. Bartolomeu de Gusmão, 192 - Aparecida, Santos - SP, 11045-401

*Corresponding author: vaske@clp.unesp.br

Abstract: The diet and niche overlap of the pompanos *Trachinotus carolinus* and *T. goodei* in a surf zone were studied based on 352 specimens of *T. carolinus* and 53 of *T. goodei* ranging from 10 to 165 mm total length. The study was carried out in a sand beach in southeastern Brazil, where the fishes were captured with a seine net measuring 10 x 2 meters and 4.0 mm mesh. A total of 34 prey items were found for *T. carolinus* and 26 for *T. goodei*, represented mainly by Copepoda, Insecta, Decapoda larvae, Polychaeta, Mollusca, Echinodermata, and fishes. The diet showed a remarkable predominance of insects Formicidae and zooplankton represented mainly by copepods, Decapod larva, and Mysida among other prey groups. No differences were observed for day and night periods, stomach fullness, or prey length and predator length relationships. Both species share 72.16% of the prey items. The uncommon high presence of insects in the stomachs may be associated with the sample area near to coastal vegetation, and the presence of human wastes from urban zone.

Keywords: Carangidae, diet, stomach content, prey-predator, zooplankton

Resumo. Dieta e sobreposição de nicho do pampo (*Trachinotus carolinus*) e do pampogalhudo (*Trachinotus goodei*) (Perciformes, Carangidae) em uma praia de zona de arrebenção no sudeste do Brasil. A dieta e a sobreposição de nichos dos pampos *Trachinotus carolinus* e *T. goodei* em uma zona de arrebenção foram estudados com base em 352 espécimes de *T. carolinus* e 53 de *T. goodei* variando de 10 a 165 mm de comprimento total. O estudo foi realizado em uma praia arenosa no sudeste do Brasil, onde os peixes foram capturados com uma rede picaré de 10 x 2 metros e malha 4,0 mm. Um total de 34 itens alimentares foram encontrados para *T. carolinus* e 26 para *T. goodei*, representados principalmente por Copepoda, Insecta, larvas de Decapoda, Polychaeta, Mollusca, Echinodermata e peixes. A dieta mostrou uma predominância notável de insetos Formicidae e zooplâncton representados principalmente por copépodes, larvas de Decapoda e Mysida entre outros grupos de presas. Não foram observadas diferenças para os períodos diurno e noturno, repleção estomacal ou para a relação entre comprimentos de presa e predador. Ambas as espécies compartilharam 72,16% dos itens nas dietas. A presença rara e incomum de insetos nos estômagos pode estar associada à área de amostragem próxima à vegetação costeira e à presença de resíduos humanos oriundos da zona urbana.

Palavras-Chaves: Carangidae, dieta, conteúdo estomacal, presa-predador, zooplâncton.

Introduction

The surf zone comprises the area between the outer limit of breaking waves and the coastline of the beach (McLachlan, Brown 2006). It is a dynamic and turbulent habitat, where the animals who inhabit there have adaptations to survive, like more rigid shells, body shape providing greater agility, and different dietary strategies (Lasiak, 1986; McLachlan and Brown 2006). In this way, surf zones of sandy beaches are places of great energy and constant movement of water, serving as important areas for fish feeding and protection from predators (Clark *et al.*, 1996; Layman, 2000; Pessanha and Araújo, 2003; Mazzei *et al.*, 2011; Inui *et al.*, 2010, Able *et al.*, 2013). The interest in knowledge of beach fauna is also reflected in the species of direct economic importance, such as fishes, crustaceans and molluscs for human consumption, and sometimes for fishing bait (Amaral *et al.* 1990; Andrades *et al.*, 2012). Despite the ecological, economic and social roles of ocean beaches, basic information on the biology of many surf-zone fishes is still sparse, where most research is purely descriptive, and surprisingly little is known about why fish use surf zones (Olds *et al.*, 2017).

The ichthyofauna of the surf zone has been studied in different spots along the Brazilian coast with results focused mainly on diversity and seasonal abundance (Paiva Fo., & Toscano, 1987; Giannini & Paiva Fo., 1995; Araújo *et al.*, 2008; Gomes *et al.* 2003; Godefroid *et al.* 2003; Monteiro-Neto *et al.*, 2003; Felix *et al.*, 2007, 2007b; Tubino *et al.*, 2007, Vasconcellos *et al.*, 2007; Gaelzer & Zalmon, 2008, Barreiros *et al.*, 2009; Lima & Vieira, 2009; Santana *et al.*, 2013; Spach *et al.*, 2010; Gondolo *et al.* 2011, Fávero & Dias, 2015, 2015b). In the São Paulo coast only one fish fauna survey study has been conducted in the intertidal zone of Guarujá and São Vicente by Paiva Fo, Toscano (1987). In the Paraná coast, Godefroid *et al.* (2003) analyzed the occurrence in the surf zone of larvae and juvenile of two species of Gerreidae (*Eucinostomus argenteus* and *E. gula*) and four sciaenids (*Menticirrhus americanus*, *M. littoralis*, *Umbrina coroides* and *Micropogonias furnieri*). In Rio de Janeiro, Pessanha, Araújo (2003) investigated the influence of abiotic factors in the composition of fish species in two sandy beaches in Sepetiba bay, in the aspects of seasonal and daily variation. More recently, Monteiro Neto *et al.* (2008) analyzed fish assemblages in the coastal region of Itaipu - RJ, and Gaelzer & Zalmon (2008) analyzed the change of time of day and the tides in the fish community

structure of surf zones in the Arraial Cape beaches in Rio de Janeiro.

The trophic organization of the ecosystem can be given through the diet and the body characteristics where the power is linked to the morphology of the individual (Wootton, 1990; Gerking, 1994). Overall, most studies in the surf zone focus on variations of diversity and abundance of species throughout the year. However, information on population structures and interrelationships between vertebrate and invertebrate species is rare or ignored, as well as studies of trophic relationships between different species in this environment. Feeding habits of surf zone fishes have been studied in different shores of the world (Bellinger & Avault, 1971, Escalona & Cárdenas, 2004, Inoue *et al.*, 2005). Along the Brazilian coast studies were carried out regarding the feeding habits of juveniles of *Trachinotus marginatus* in Cassino Beach, Southern Brazil (Monteiro-Neto, Cunha, 1990), *Trachinotus* sp. in southeastern Brazil (Helmer *et al.*, 1995), juveniles of *Menticirrhus americanus* and *M. littoralis* in Rio Grande do Sul (Rodrigues, Vieira, 2010), *T. carolinus* diet in Rio de Janeiro (Niang *et al.*, 2010), *T. carolinus* and *M. littoralis* in Rio de Janeiro (Palmeira, Monteiro-Neto, 2010), and *T. carolinus* diet in Caraguatubá bay in São Paulo (Denadai *et al.* 2013). Studies of fish associated with beach debris were performed by Robertson & Lenanton (1984) in Australia.

Fishes of the genus *Trachinotus* are known as pompanos being commonly found from Massachusetts (USA) to Rio Grande do Sul (Brazil), with juveniles inhabiting the surf zone (Carvalho-Filho 1999; Monteiro-Neto *et al.* 2003; Vasconcellos *et al.* 2007). The Florida pompano, *Trachinotus carolinus*, and the palometa, *T. goodei*, are the most frequent pompanos in the southeastern Brazilian beaches (Gaelzer & Zalmon, 2008; Giannini & Paiva Fo., 1995; Godefroid *et al.*, 2003). *Trachinotus carolinus* (Linnaeus 1766), is characterized by the compressed body, blunt snout, subterminal mouth, large forked caudal fin, and yellow belly, pelvic and caudal fins (Carvalho-Filho 1999). *Trachinotus goodei* (Jordan, Evermann 1896) is very similar, but present narrow dark vertical bars on the upper body, and large dark dorsal and anal fins. These anatomical characteristics increase search efficiency of *Trachinotus* spp., due to fast swimming, ability to make quick maneuvers, and group foraging, and so enhance also feeding time and maximize the efficiency in energy

expenditure. Similar characteristics were also observed in mesocosm tanks experiments with *T. carolinus* feeding upon coquina clams (*Donax* spp.) where fishing groups were more successful in their feeding attempts (Schrandt & Powers, 2015).

The present study aimed to analyze the occurrence, size structure, and the diet of *T. carolinus* and *T. goodei* in a surf zone in the central coast of São Paulo State in the aspects of prey species, ecological relationships, niche breadth and food overlap between the two species. The goal is to verify if the diet of two similar species of pompanos share the same prey items, and to explore possible causes for differences in that response.

Materials and Methods

The study was conducted in the locality of Praia Grande (24° 00' 21" S; 46° 24' 10" W), once it is an open dissipative shore beach, located in the central coast of São Paulo, which has an extensive sandy beach in its coastal portion, with 24 km long and low slope (Fig. 1). Throughout the year, the seasonal differences in the region of Praia Grande are slightly pronounced, with an average rainfall of 226 mm month⁻¹ and rainfall peaks during the summer (364.75 mm month⁻¹) and dry periods in the winter (98.63 mm month⁻¹) (DAEE, 2016). During high rainfall seasons, the stretch of sand exhibits many effluents from the urban fringe that connect to the sea.

Bimonthly sampling campaigns were conducted between April 2013 and April 2015, during the day (8 to 11 h) and night (19 to 21 h), comprising twelve field samples. Fishes were caught by a beach seine net with a mesh opening size of 4.0 mm, an area of 10 x 2 m and a central triangular bag with mesh of 2.5 mm. In each sampling, three hauls were taken with the net parallel to the shore in water approximately 1.0 m deep, hauled by two persons at a distance of 50 m. The catch from three hauls were pooled and considered as one, aiming to ensure a sufficient quantity of fish for the study. The fishes were properly conditioned in plastic bags in the field, and immediately stored frozen for posterior laboratory analysis. The species identification was according Carvalho-Filho (1999), and Fischer *et al.* (2004). In the laboratory all specimens had their total length (TL) measured in millimeters (mm), and then stored in alcohol 70% for posterior analysis of stomach contents. For better visualization of the variations along the ontogeny of the pompanos, results were obtained for classes of 2 cm TL to standardize the analysis for the sampled sizes. The stomachs of the pompanos were removed by opening the abdominal cavity and by severing them from the intestine and the esophagus, and then preserved in formalin at 5 %. All prey items were identified to the lowest possible taxon. For each stomach data such as the number of individuals of each food item, and total length (cm) for all organisms were recorded.

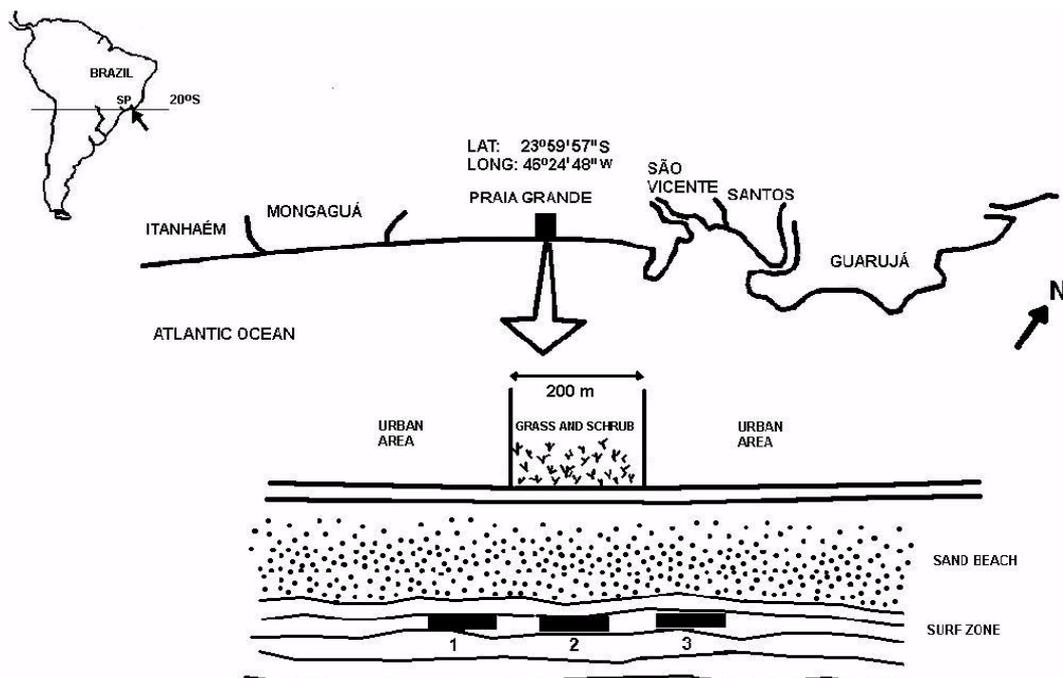


Figure 1 - Sample area in the surf zone of Praia Grande – SP. Black rectangles correspond to trawls points of purse seine beach where fish were collected.

An ANOVA procedure was used to compare night-day length distributions using Statistical Package *Past 2.17*. The stomach fullness was recorded according to a five-point scale of estimated percentages of total fullness: empty (I), 25 % full (II), 50 % full (III), 75 % full (IV), and full (V). A chi square (X^2) test was used to determine whether fullness variables differ from one another in both species. A cumulative prey curve was elaborated to infer if the stomachs sampled were sufficient to obtain the food spectra of both species (Statistical Package *Past 2.17*).

The importance of each food item in the diets was obtained by the Index of Relative Importance (IRI) (Pinkas *et al.* 1971), modified to volume:

$$IRI_i = \%FO_i \times (\%N_i + \%V_i)$$

where $\%FO_i$ - relative frequency of occurrence of each item; $\%N_i$ - proportion in prey number of each item in the total food; and $\%V_i$ - proportion in volume in mm^3 of each item in the total food content, measured by comparison to known geometric figures like sphere, cube, cylinder and others.

The niche overlap was determined by the MacArthur and Levins's measure with Pianka's symmetric modification (Krebs, 1989):

$$O_{jk} = \sum p_{ij} p_{ik} / \sqrt{(\sum p_{ij} \sum p_{ik})}$$

where:

O_{jk} = MacArthur-Levin's measure to the resources j and k;

p_{ij} = Proportions resource i of the total resources used by species j;

p_{ik} = Proportions resource i of the total resources used by k.

Temperature and salinity were measured with mercury thermometers (Incoterm 001/14) *in situ*, and with portable salinity refractometer (Extech, model RF20) in the laboratory, respectively. Sample water was taken to the laboratory using dark plastic bottles.

Results

The weather conditions during the study varied between light breeze and weak wind, according to the Beaufort scale. The highest values of water temperature were recorded in the summer and ranging from 28.5 °C (day) to 30 °C (night), both in February 2015 (Fig. 2). On the other side, the minimum temperatures occurred during the winter ranging from 18.7 °C (day) in August 2013 to 16.7 °C (night) in August 2014. The salinity showed small variations with a minimum of 33 and maximum of

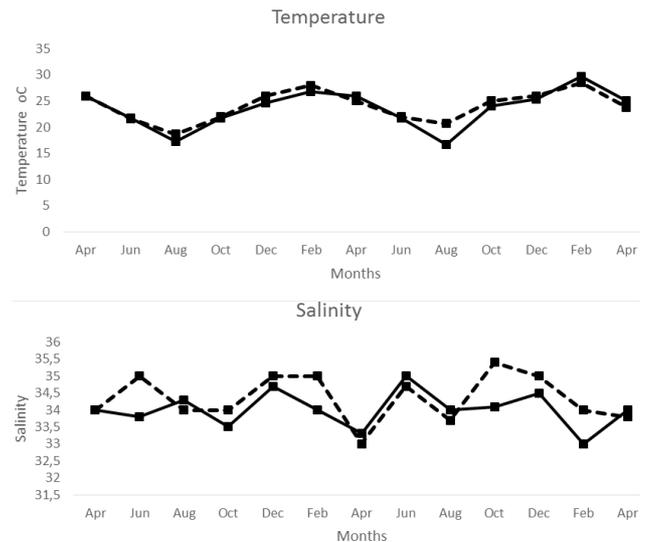


Figure 2 – Variations in water temperature and salinity along the year in the surf zone, of Praia Grande – SP. Dashed line – day, solid line – night.

35.4 in April and October 2014, respectively. However, the salinity averages in relation to the time of day were quite similar, ranging from 34.4 (day) to 34 (night).

A total of 375 stomachs were analyzed, of which 352 belonged to *T. carolinus* (299 with prey items and 28 empty), and 53 to *T. goodei* (47 with prey items and 6 empty) (Table I). Lengths of *T. carolinus* ranged from 10.0 mm to 165.0 mm, and most individuals were between 20.0 and 80.0 mm with mean lengths of 52.1 mm for day and 54.1 for night captures (Fig. 3). *T. goodei* ranged from 20.0 mm to 165.0 mm, nevertheless most fishes were larger than *T. carolinus* with means ranging from 144.9 mm for day and 132.4 mm for the night captures. No statistical differences were found for day/night length distributions for any of both species ($F=0.12$; $p = 0.72$).

The stabilization of the species cumulative curve was obtained at 26 prey items and 200 stomachs for *T. carolinus*, which means that the number of examined individuals was sufficient (Fig. 4). For *T. goodei*, the cumulative prey curve based on the number of stomach analysed did not arrived to a plateau. In consequence, it is necessary to increase the number of samples in order to provide a better description of the diet for this species. No differences were found between the degree of stomach fullness and time of the day species ($\chi^2 = 4$, $p > 0.05$), where stomachs with 25% fullness were the most representative (Fig 5).

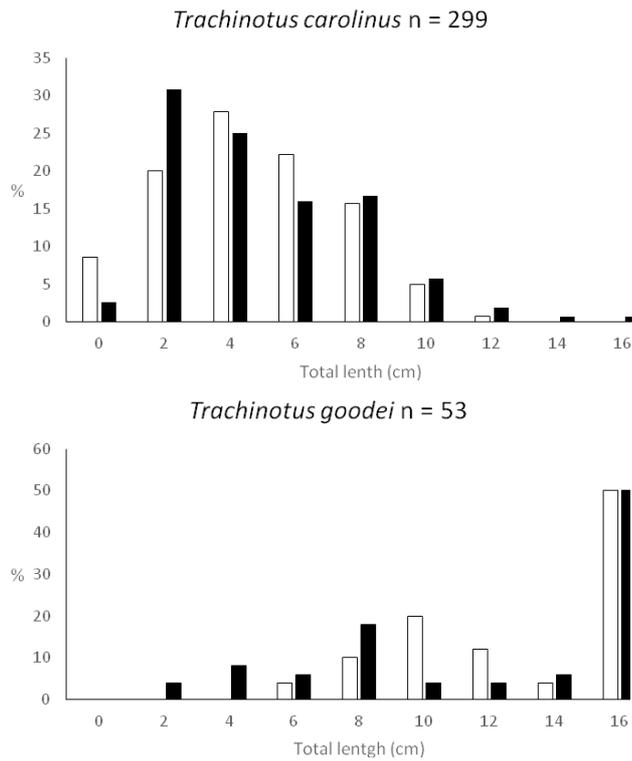


Figure 3 - Length frequency distribution for *Trachinotus carolinus* and *T. goodei* in Praia Grande – SP. White bar – day; dark bar – night.

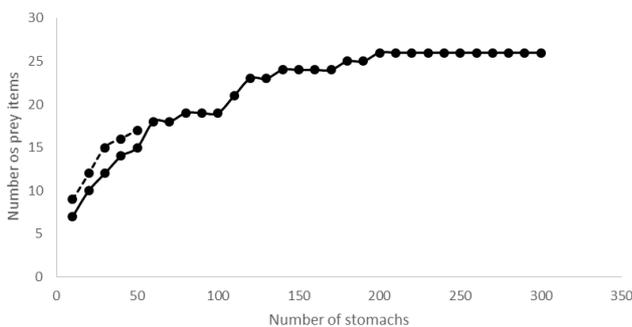


Figure 4 – Cummulative curve of prey items diversity. *Trachinotus carolinus* (solid line), *Trachinotus goodei* (dashed line).

In the stomach contents 34 prey items were found for *T. carolinus* and 26 for *T. goodei*, mainly represented by Copepoda, Insecta, Decapoda larvae, Polychaeta, Mollusca, Echinodermata, and fishes (Table II). Both species shared 24 items, ten only for *T. carolinus* and two only for *T. goodei*. Crustaceans were mainly represented by zooplanktonic organisms like Copepoda, Mysida, Euphausiacea, Decapoda larva, among others. Fishes occurred as juveniles of some common species of surf zones like mullets, anchovies, as much as small specimens of *T. carolinus* and *T. Goodei*, evidencing cannibalism.

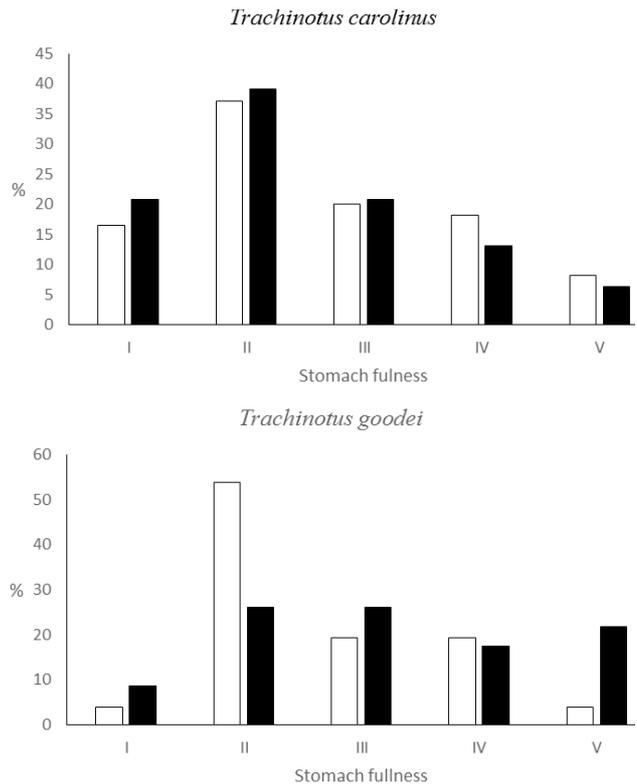


Figure 5 – Stomach fullness for *Trachinotus carolinus* and *T. goodei* in the surf zone of Praia Grande-SP. White bar – day, black bar – night. Empty (I), 25 % full (II), 50 % full (III), 75 % full (IV), and full (V).

The unique species of Echinodermata was represented by the sand dollar *Mellita quinquesperforata* that occurred as fragments in the stomachs, nevertheless, easily identified once the sand dollar is very common in the local surf zone of Praia Grande. Polychaets and the bivalve *Donax gemmula* were the other important invertebrates found. Most prey items ranged between 0.2 to 11.0 mm total length, and 2.3 mm mean for *T. carolinus*, and between 0.5 and 21 mm, and 3.1 mm for *T. goodei* (Fig. 6). The largest preys (> 10 mm) were represented by fishes for both species.

The most remarkable observation in this study was the considerable frequency of insects in the diet of both species. Thirteen taxa of insects were identified to the lowest possible taxon, which means 36.5 % in number of the prey items of *T. carolinus*, and 7.7 % of *T. goodei*. Only families or major groups of insects are shown in table II, for better interpretation. For example, Formicidae was represented by several taxa like Pheidole, Myrmicinae, *Dorymirmex* sp. *Componutus* sp., *Solenopsis* sp., and Cicadoidea. Diptera was represented by Nematocera, *Clogmia* sp., and Ceratopogonidae. The importance of insects can also

Tabel II - Number (N), Volume (V) and Frequency of Occurrence (FO) and respective prey IRI index for *Trachinotus carolinus* and *T. goodei* in the surf zone of Praia Grande-SP. Data are cumulated for day and night, and along the year occurrences. RTc and RTg means the prey ranking of *T. carolinus* and *T. goodei* (first to tenth main items).

Food items	%N	%V	FO	%FO	IRI	RTc	%N	%V	FO	%FO	IRI	RTg	Tc	Tg
CRUSTACEAN														
Euphausiacea	0.45	0.15	6	2	1.2		0.38	0.08	3	6.38	2.96	10	x	x
Copepoda	27.6	43.9	42	14	1004.7	2	77.6	77.6	14	29.6	4623.7	1	x	x
Decapoda larva	11.2	18.7	24	8.02	240.4	4	3.07	3.23	4	8.51	53.69	5	x	x
Penaeidae							0.51	0.1	4	8.51	5.27	8		x
Brachyuran megalopa	0.17	0.02	5	1.67	0.32								x	
Isopoda	0.06	0.08	2	0.66	0.08								x	
<i>Areneus cribarius</i>	0.07	0.09	3	1	0.16		0.25	0.05	2	4.25	1.31		x	x
Mysidacea	12.8	3.19	19	6.35	101.26	6							x	
Stomatopoda larva	0.04	0.04	1	0.33	0.02								x	
Cirripedia	0.47	0.03	4	1.33	0.69								x	
<i>Emeritta brasiliensis</i>	2.1	5.28	7	2.34	17.29	8							x	
Decapoda zoea	2.5	0.2	4	1.33	3.63	10							x	
TELEOSTEAN														
Teleostei							0.12	0.02	1	2.12	0.32			x
<i>Menticirrhus littoralis</i>														
<i>Mugil brevisrostris</i>							1.28	3.37	8	17	79.17	4		x
<i>Atherinella blackburni</i>	0.06	0.09	1	0.33	0.04								x	
<i>Trachinotus carolinus</i>							0.12	0.33	1	2.12	0.98			x
<i>Trachinotus goodei</i>							0.12	0.33	1	2.12	0.98			x
ECHINODERM														
<i>Mellita quenquisperforata</i>	0.57	0.14	5	1.67	1.2		0.89	0.28	5	10.6	12.61	6	x	x
POLYCHAET														
Polychaeta	1.2	3.12	14	4.68	20.26	7								x
BIVALVE														
<i>Mesodesma mactroides</i>	0.07	0.06	1	0.33	0.04									x
<i>Donax gemmula</i>	4.03	10.1	46	15.4	217.87	5	7.93	12.5	3	6.38	130.72	3	x	x
INSECT														
Formicidae	21.6	7.31	152	50.8	1463.1	1	5.88	1.24	12	25.5	182.05	2	x	x
Diptera larva	12.8	5.34	51	17.1	308.56	3	0.12	0.04	1	2.12	0.35		x	x
Winged Formicidae	1.12	0.39	18	6.02	9.19	9	0.64	0.13	3	6.38	4.94	9	x	x
Chilopoda	0.04	0.02	1	0.33	0.01								x	
Calliphoridae	0.07	0.31	3	1	0.39								x	
Cicadidae							0.64	0.13	5	10.6	8.24	7		x
Syrphidae	0.42	0.59	7	2.34	2.35								x	
Lepidoptera							0.12	0.02	1	2.12	0.32			x
Coleoptera														
Apidae	0.06	0.33	2	0.66	0.25		0.25	0.4	2	4.25	2.81		x	x
Hymenoptera	0.2	0.44	7	2.34	1.51								x	
Culicidae	0.15	0.03	2	0.66	0.12								x	
Coleoptera	0.06	0.02	1	0.33	0.02								x	
TOTAL	100	100					100	100					26	17

be observed along different body sizes of the fishes, where they were the unique prey group that has appeared in all body sizes of both *T. carolinus* and *T. goodei*, for day and night cumulated data (Fig. 7). Moreover, the proportion of insects was frequently the most important among other prey groups. Sand, shell fragments, plants and antropogenic wastes like plastic, wood, nylon, styrofoam were also found in the stomachs but in smaller quantities.

The niche overlap was $O_{ji} = 0.7216$, i.e., 72.16% of the diets of *T. carolinus* and *T. goodei* was similar. The first and second prey items according to IRI ranking were Copepoda for *T. goodei*, and Formicidae for *T. carolinus*, and vice-versa, i. e., the zooplankton Copepoda and the alloctonous prey Formicidae were the main prey items of the pompanos in the surf zone of Praia Grande.

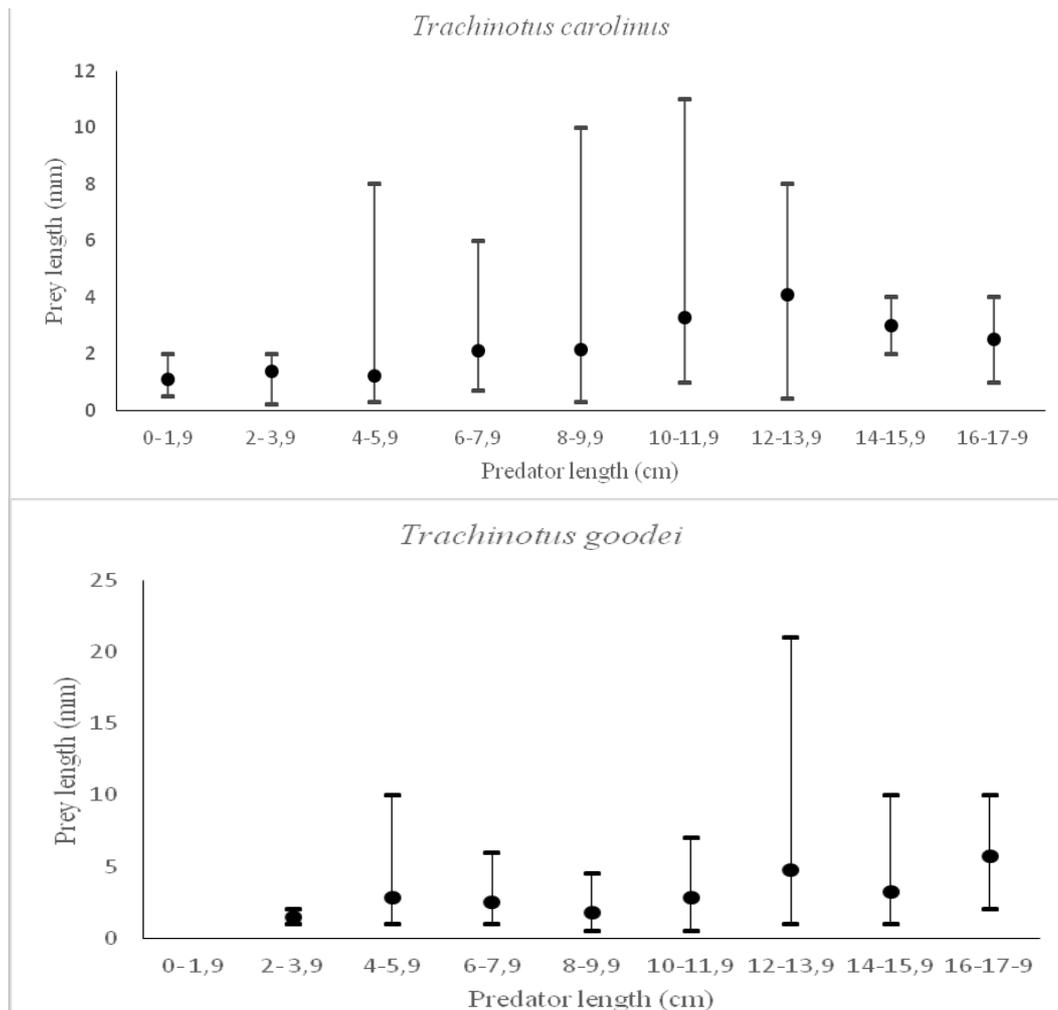


Figure 6 – Prey-predator relationships for *Trachinotus carolinus* and *T. goodei* in the surf zone of Praia Grande-SP. Vertical bars indicate minimum, mean (dot), and maximum length of preys.

Discussion

The length of the fishes captured indicate that the surf zone really serve as shelter and feeding area, once no adult individuals were found. Considering that pompanos finishes its larva transformation to juvenile when it reaches approximately 10 mm (Richards, 2006), and considering that *T. goodei* can reach up to 500 mm and *T. carolinus* up to 650mm (Carvalho-Filho 1999), it can be concluded that larger and adult pompanos of both species do not inhabit the surf zones, migrating to deeper waters when they reach 160 mm TL, or more.

In spite of the insufficient number of stomachs of *T. goodei*, one can assume that the main food items are well represented, and can be compared for food overlap estimates, once there are no differences in prey length/predator length relationship. The 72.16 % similarity of niche overlap indicate that both species share their prey items with a diet clearly directed to copepods and ants, commonly between

2.0 and 3.0 mm total length. The most similar results was observed by Helmer *et al.* (1995) in the Cassino surf zone (RS), where insects represented 7.85 % in dry weight for *T. goodei* and 0.99 % for *T. carolinus*. Other occurrences of insects were observed only as a rare item, *e.g.*, 8.4 % FO of Hymenoptera found in the diet of *T. carolinus* in Rio de Janeiro (Niang *et al.* 2010). Palmeira & Monteiro Neto (2010) found insects only in fishes < 4.5 mm, mainly, Formicidae and Vespidae, for *T. carolinus* in Rio de Janeiro. Bellinger & Avault (1971) also found high proportions of insects in small *T. carolinus* (10-25 mm TL), mainly Coleoptera and Diptera larvae in the coast of Luisiania. Other fish species of surf zone prey insects in low proportions (<5%), like *Mentichrus littoralis* in Rio de Janeiro (Palmeira & Monteiro-Neto, 2010), *Plecoglossus altivelis* in Japan (Inoue *et al.*, 2004), *Menidia menidia* in New Jersey (Wilber *et al.*, 2003), *Lithognathus mormyrus*, *Pomadasys olivaceum*, *Rhabdosargus*

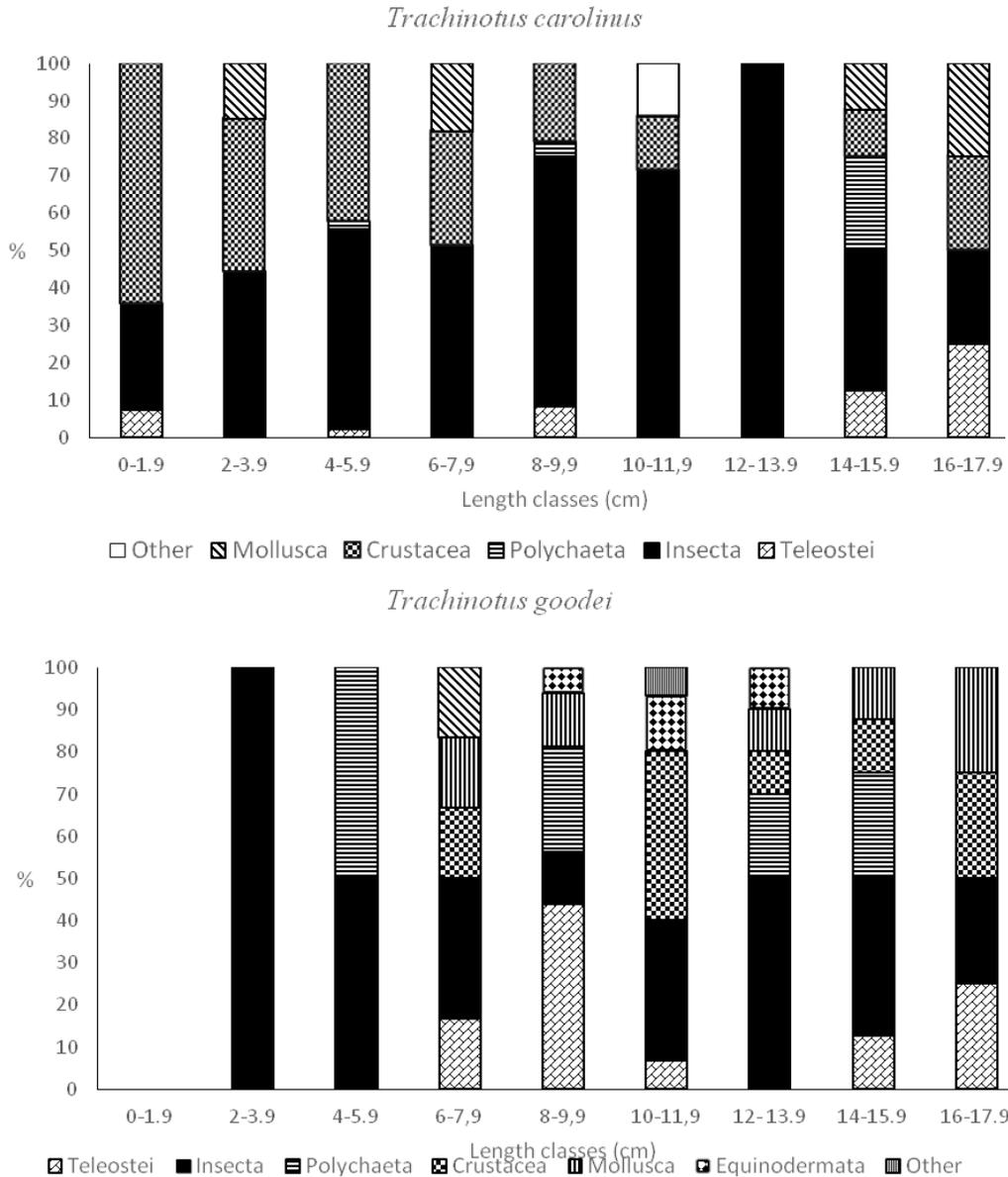


Figure 7 – Main prey groups along the different body sizes of *Trachinotus carolinus* and *T. goodei* in the surf zone of Praia Grande – SP.

globiceps, *Sarpa sarpa*, and *Trachurus trachurus* in South Africa (Lasiak, 1986). Insects were absent in other prey lists of surf zone fishes like *T. carolinus* in Caraguatubá (Denandai et al., 2013), five fish species in Gulf of Mexico (Modde, Ross, 1983), seven species in South Carolina (Delancey, 1989), *T. carolinus* in the Gulf of Mexico (Wheeler et al., 2002), and other similar *T. paitensis* in a surf zone in Mexico (Escalona & Cárdenas, 2004).

The remarkable high proportion of insects in the present study is explained due to two reasons. The location of the sampling points were in front of a large field of grass and shrub vegetation (200 x 800 m), with visible large concentration of several

species of insects (ants, flies, moths), and larval stages. Rainfalls occur regularly along the year in the region, and so, temporary down streams are formed in the beach during strongest rainfall carrying a wide range of insects to the sea. Another explanation for the high proportion of insects can be attributed to the anthropogenic waste because of tourism and urban wastes, which can be associated to insects. During trawls, waste was frequently observed in the seine net. Bellinger, Avault (1971) pointed out that insects found in the stomachs of *T. carolinus* in Louisiana are from garbage and dead fish along the beaches, and currents from the estuary. Another possible cause of the predation

upon insects is due to the proper pigmentation of insects. Once they are terrestrial organisms, they are more heavily pigmented than the zooplankton organisms, and so, an insect becomes much more visible in the water column and more susceptible to be viewed and preyed. With the movement of the waves the bottom is in constant disturbance and so many organisms remain in the water column making them accessible to predators, which may explain the presence of bottom preys like Polychaeta, *Mellita quinquesperforata* and *Donax gemmula*.

DeLancey (1989) and Jarrin and Shanks (2011) observed that in surf zones daily variation of fauna occurs on daily basis, suggesting that during the night there are more fish, and also invertebrates in the surf zone in the active state of the search for food. Modde and Ross (1983) and DeLancey (1989) observed that feeding of the pompano occurred preferentially during the day in Folly Beach Beach, South Carolina (USA) and in Horn Island, Mississippi (USA) respectively, depending on local environmental factors. In this study, no statistical differences were found for day/night stomach fullness, which means that the fishes are active feeders over the whole daily cycle. Rodrigues & Vieira (2012) also observed no significant differences in surf zone fish communities when separated by physical barrier such as rocky jetties, being more influenced by seasonal patterns like summer-winter periods. As observed by Vasconcellos *et al.* (2007) *Trachinotus* spp. use beaches as breeding areas, which can be seen in a possible change in size classes between seasons. Once the zooplankton and insects are in the rough environment and midwater, they become prey preferred by these fish with active swimming, terminal mouth and big eyes characteristic for this activity (Palmeira & Monteiro-Neto 2010). In the present study data were analyzed as a whole along the year. Perhaps another seasonal study may reveal some trends for certain kind of prey at different times of the year. Monthly study should be conducted for better visualization of seasonal feeding behavior.

Conclusion

In conclusion, it can be said that the surf zone of Praia Grande-SP, serves as home to a population of pompanos using this area as a feeding ground and growth, sharing similar food resources dominated by insects and zooplankton.

Acknowledgements

The authors are grateful to Dr. Fernando José Zara, and MSc. Rodolfo da Silva Probst for their assistance in the identification of the insects. Also to Dr. Carlo Magenta Cunha and MSc. Marcel Miranda for their help with the molluscan species. The authors also to express their gratitude to all students and volunteers who participated of the field samplings.

References

- Able, K. W., Wuenschel, M. J., Grothues, T. M., Vasslides, J. M. & Rowe, P. M. 2013. Do surf zones in New Jersey provide “nursery” habitat for southern fishes? **Environmental Biology of Fishes**, 96: 661–675.
- Amaral, A. C. Z., Morgado, E. H., Lopes, P. P., Belúcio, L. F., Leite, F. P. P. & Ferreira, C. P. 1990. Composition and distribution of the intertidal macrofauna of sandy beaches on São Paulo coast. **Anais II Simpósio de Ecossistemas da Costa Sul e sudeste Brasileira - Estrutura, Função e Manejo**, ACIESP, São Paulo, 3(71): 258-279.
- Andrades, R., Bolzan, M. S., Contaifer, L. S., Gomes, M. P. & Albuquerque, C. Q. 2012. Evidence of sandy beaches as growth grounds for commercial fish in the Southwestern Atlantic. **Pan-American Journal of Aquatic Sciences**, 7(2):107-110.
- Araujo, C. C. V., Rosa, D. M., Fernandes, J. M., Ripoli, L. V. & Kohling, W. 2008. Composição e estrutura da comunidade de peixes de uma praia arenosa da Ilha do Frade, Vitória, Espírito Santo. **Iheringia, Série Zoológica**, 98(1):129-135.
- Barreiros, J. P.; Branco, J. O., Freitas J. R. F., Machado, L., Hostim-Silva, M. & Verani, J. R. 2009. Space–Time Distribution of the Ichthyofauna from Saco da Fazenda Estuary, Itajaí, Santa Catarina, **Brazilian Journal of Coastal Research**, 25(5):1114–1121.
- Bellinger, J. W., Avault, J. W. 1971. Food habits of juvenile pompano. *Trachinotus carolinus*, in Louisiana. **Transactions of the American Fisheries Society**, 100(3):486-494.
- Carvalho-Filho. **Peixes: Costa Brasileira**. 3ª edição. São Paulo, Melro.
- Clark, B. M. & Bennett, B. A., Lamberth, S. J. 1996. Factors affecting spatial variability in seine net catches of fish in the surf zone of False Bay, South Africa. **Marine Ecology Progress Series**, 131: 17-34.

- DAEE, Departamento de Águas e Energia Elétrica, Banco de Dados hidrológicos BDH – 2016.
- Delancey, L. B. 1989. Trophic Relationship in the Surf Zone during the summer at Folly Beach, South Carolina. **Journal of Coastal Research**, 5(3):477-488.
- Denadai, M. R., Santos F. B., Bessa, E., Fernandez, W. S., Scaloppe, F., Turra, A. 2013. Population Biology and Diet of the Pompano *Trachinotus carolinus* (Perciformes: Carangidae) in Caraguatatuba Bay, Southeastern Brazil. **Journal of Marine Biology & Oceanography**, 2:2.
- Escalona, V. H. C. & Cárdenas, L. A. A. 2004. General characteristics of the diet of *Trachinotus paitensis* (Teleostei: Carangidae) from San Ignacio Lagoon, Baja California Sur, Mexico. **Revista de Biología Tropical**, 52(1): 139-141.
- Favero, J. M. D., Dias, J. F. 2015. Juvenile fish use of the shallow zone of beaches of the Cananéia-Iguape coastal system, southeastern Brazil. **Brazilian Journal of Oceanography**, 63 (2): 103-114.
- Favero, J. M. D. & Dias, J. F. 2015. Daily and seasonal fluctuations of the fish community in the surf zone of an estuarine-coastal area of Southeast Brazil. **Pan-American Journal of Aquatic Sciences**, 10(2): 141-154.
- Félix, F. C., Spach, H. L., Moro, P. S., Hackradt, C. W., Queiroz, G. M. N. & Hostim-Silva, M. 2007. Ichthyofauna composition across a wave - energy gradient on southern Brazil beaches. **Brazilian Journal of Oceanography**, 55(4):281-292.
- Félix, F. C., Spach, H. L., Moro, P. S., Schwarz, J. R., Santos, C., Hackradt, C.W. & Hostim-Silva, M. 2007. Utilization patterns of surf zone inhabiting fish from beaches in Southern Brazil. **Pan-American Journal of Aquatic Sciences**, 2 (1): 27-39.
- Fischer, W. 1978. (Ed.) **FAO species identification sheets for fishery purposes. Western central Atlantic (fishing area 31)**, vol. I a V. FAO-Roma.
- Gaelzer, L. R. & Zalmon, I. R. 2008. Diel variation of fish community in sandy beaches of southeastern. **Brazilian Journal of Oceanography**, 56(1): 23-39.
- Gerking, S. D. 1994. **Feeding Ecology of Fish**. Academic Press Limited. 24-28 Oval Road. London-NW1 7DX.; 416 p.
- Giannini, R. & Paiva-Filho, A. M. 1995. Análise comparativa da ictiofauna da zona de arrebentação de praias arenosas do litoral do Estado de São Paulo, Brasil. **Brazilian Journal of Oceanography**, 43:141-152.
- Godefroid, R. S., Spach H. L., Schwarz, J. R. R. & Queiroz, G. M. L. 2003. A fauna de peixes da praia do Balneário Atami, Paraná, Brasil. **Atlântica**, 25(2):147-161.
- Gomes, M. P., Cunha, M. S. & Zalmon, I. L. 2003. Spatial and temporal variations of diurnal ichthyofauna on surf-zone of São Francisco do Itabapoana beaches, Rio de Janeiro State, Brazil. **Brazilian Archives of Biology and Technology**, 46 (4):653-664.
- Gondolo, G. F., Mattox, G. M. T. & Cunningham, P. T. M. 2011. Ecological aspects of the surf-zone ichthyofauna of Itamambuca Beach, Ubatuba, SP. **Biota Neotropica**, 11(2):183-192.
- Helmer, J. L., Teixeira, R. L. & Monteiro-Neto, C. 1995. Food habits of young *Trachinotus* (Pisces, Carangidae) in the inner surf-zone of a sandy beach in southeast Brazil. **Atlântica**, 17:95-107.
- Inoue, T., Suda, Y. & Sano, M. 2005. Food habits of fishes in the surf zone of a sandy beach at Sanrimatsubara, Fukuoka Prefecture, Japan. **Ichthyology Research**, 52: 9–14.
- Inui, R., Nishida, T., Onikura, N., Eguchi, K., Kawagishi, M., Nakatani, M. & Oikawa, S. 2010. Physical factors influencing immature-fish communities in the surf zones of sandy beaches in northwestern Kyushu Island, Japan. **Estuarine, Coastal and Shelf Science**, 86: 467–476.
- Jarrin, J.R.M. & Shanks, A.L. 2011. Spatio-temporal dynamics of the surf-zone faunal assemblages at a Southern Oregon sandy beach. **Marine Ecology**, 32: 232–242. doi:10.1111/j.1439-0485.2010.00414.x
- Krebs, C. J. 1989. **Ecological methodology**. Harper & Row, Publishers, New York.
- Lasiak, T. A. 1986. Juveniles, food and the surf zone habitat: implications for teleost nursery areas. **South African Journal of Zoology**, 21(1), 51–56.
- Layman, C. A. 2000. Fish Assemblage Structure of the Shallow Ocean Surf-Zone on the Eastern Shore of Virginia Barrier Islands. **Estuarine, Coastal and Shelf Science**, 51: 201–213.
- Lima, M. S. P. & Vieira, J. P. S. 2009. Variação espaço-temporal da ictiofauna da zona de arrebentação da Praia do Cassino, Rio Grande do Sul, Brasil. **Zoologia**, 26 (3): 499-510.

- Mazzei, E., Joyeux, J. C. & Simon, T. 2011. Length-weight relationships for juvenile and small-sized adult fishes of the surf zone. **Journal of Applied Ichthyology**, 27(4), 1137–1138.
- Mclachlan, A. & Brown, A. 2006. Surf-zone Fauna. In Anton Mclachlan & Alec Brown. **The Ecology of Sandy Shore**. San Diego, Elsevier. 197-214.
- Modde, T. & Ross, S. T. 1983. Trophic relationship of fishes occurring within a surf zone habitat in the northern Gulf of Mexico. **Northeast Gulf Science**, 6(2):109-120.
- Monteiro-Neto, C. & Cunha, L. P. R. 1990. Seasonal and ontogenetic variation in food habits of juvenile *Trachinotus marginatus* Cuvier 1832 (Teleostei Carangidae) in the surf zone of Cassino Beach, RS, Brazil. **Atlântica**, 2(1): 45-54.
- Monteiro-Neto, C., Cunha, L. P. R. & Musick, J. A. 2003. Community structure of surf-zone fishes at Cassino beach, Rio Grande do Sul, Brazil. **Journal of Coastal Research**, 35:492-501.
- Monteiro-Neto, C., Tubino, R. A., Moraes, L. E. S., Mendonça-Neto, J. P., Esteves, G. V. & Fortes, W. L. 2008. Associações de peixes na região costeira de Itaipu, Niterói, RJ. **Iheringia Série Zoológica**, 98(1):50-59.
- Niang, T. M. S., Pessanha, A. L. M. & ARAÚJO, F. G. 2010. Dieta de juvenis de *Trachinotus carolinus* (Actinopterygii, Carangidae) em praias arenosas na costa do Rio de Janeiro. **Iheringia Série Zoológica**, 100(1):35-42.
- Olds, A. D.; Vargas-Fonseca, E., Connolly, R. M., Gilby, B. L., Huijbers, C. M., Hyndes, G. A., Layman, C. A., Whitfield, A. K. & Schlacher, T. A. 2017. The ecology of fish in the surf zones of ocean beaches: A global review. **Fish and Fisheries**, 1–12.
- Paiva Filho, A. M. & Toscano, A. P. 1987. Estudo comparativo e variação sazonal da ictiofauna na zona entremarés do mar casado-Guarujá e mar pequeno-São Vicente) SP. **Boletim do Instituto Oceanográfico**, 35(2): 153-165.
- Palmeira, L. P. & Monteiro-Neto, C. 2010. Ecomorphology and food habits of Teleost fishes *Trachinotus carolinus* (Teleostei: Carangidae) and *Menticirrhus littoralis* (Teleostei: Sciaenidae), inhabiting the surf zone of Niterói, Rio de Janeiro, Brazil. **Brazilian Journal of Oceanography**, 58: 1-9.
- Pessanha, A. L. M. & Araújo, F. G. 2003. Spatial, temporal and diel variations of fish assemblages at two sandy beaches in the Sepetiba Bay, Rio de Janeiro, Brazil. **Estuarine, Coastal and Shelf Science**, 57. 817–828.
- Pinkas, L., Oliphant, M. S. & IVERSON, I. L. K. 1971. Food habits of albacore, bluefin tuna, and bonito in Californian waters. California Department of Fish & Game, **Fishery Bulletin**, 152:105 p.
- Richards, W. J. 2006. **Early stages of Atlantic fishes. An identification guide for the Western central North Atlantic**. CRC/Taylor & Francis, 2v. 2640 p
- Robertson, A. I. & Lenanton, R. C. J. 1984. Fish community structure and food chain dynamics in the surf-zone of sandy beaches: the role of detached macrophyte detritus. **Journal of Experimental Marine Biology and Ecology**, 84:265-283.
- Rodrigues, F. L. & Vieira, J. P. 2010. Feeding strategy of *Menticirrhus americanus* and *Menticirrhus littoralis* (Perciformes: Sciaenidae) juveniles in a sandy beach surf zone of southern Brazil. **Zoologia**, 27 (6): 873–880.
- Rodrigues, F. L. & Vieira, J. P. 2012. Surf zone fish abundance and diversity at two sandy beaches separated by long rocky jetties. **Journal of the Marine Biological Association of the United Kingdom**, 93, 867–875.
- Santana, F. M. S., Severi, W., Souza, F. E. S. & Araújo, M. E. 2013. The ichthyofauna of the Brazilian surf zone: a compilation for ecological comprehension per region. **Tropical Oceanography**, 41(1-2): 37-53.
- Schrandt, M. N., Powers, S. P. 2015. Facilitation and dominance in a schooling predator: foraging behavior of Florida pompano, *Trachinotus carolinus*. **Plos One** |DOI: 10.1371/journal.pone.0130095.
- Spach, H. L., Campos A. L. S., Bertolli, L. M., Cattani, A. P. & Budel, B. R. & Santos, L. O. 2010. Assembleias de peixes em diferentes ambientes da desembocadura do Rio Saí Guaçu, Sul do Brasil, **Pan-American Journal of Aquatic Sciences**, 5(1): 126-138.
- Tubino, R. A., Monteiro-Neto, C., Moraes, L. E. & Paes, E. T. 2007. Artisanal fisheries production in the coastal zone of Itaipu, Niterói, RJ, Brazil. **Brazilian Journal of Oceanography**, 55(3):187-197.

- Vasconcellos, R. M., Santos, J. N. S., Silva, M. A. & Araujo, F. G. 2007. Efeito do grau de exposição as ondas sobre a comunidade de peixes juvenis em praias arenosas do Município do Rio de Janeiro, Brasil. **Biota Neotropica**, 7(1): 171-178.
- Wheeler, K. N., Stark, C. C. & Heard, R. W. 2002. A Preliminary study of the summer feeding habits of juvenile Florida Pompano (*Trachinotus carolinus*) from open and protected beaches of the Northeastern Gulf of Mexico. **Gulf and Caribbean Fisheries Institut**, 53: 659–673.
- Wilber, D. H., Clarke, D. G., Ray, G. L. & Burlas, M. 2003. Response of surf zone fish to beach nourishment operations on the northern coast of New Jersey, USA. **Marine Ecology Progress Series**, 250: 231–246.
- Wootton, R. J. 1990. **Ecology of teleost fishes**. London New York, Chapman and Hall.

Received: August 2017
Accepted: January 2018
Published: May 2018